Everett L. Worthington, Jr.

CURRICULUM VITAE

1. PERSONAL INFORMATION

Born: Knoxville, Tennessee, September 19, 1946

Military Service: U.S. Navy, Nov 1969-Apr 1974 active; Honorable Discharge (Lt., O-3), 1979

Married, 1970 to Kirby (Canipe) Worthington; children born 1976, 1978, 1980, 1982

Primary Contact Information: 2701 Comet Road, Richmond, VA 23294-4906; cell (804) 366-

3967

Secondary Contact Information: Department of Psychology, Box 842018, 808 West Franklin Street, Richmond, VA 23284-2018; (804) 828-8089, FAX (804) 828-2237 (Office: Millhiser

House, 913 West Franklin Street, Richmond, VA 23284-2018)

e-mail: eworth@vcu.edu

Wikipedia article: https://en.wikipedia.org/wiki/Everett Worthington

2. EDUCATION

1978 Ph.D., Psychology (Counseling), University of Missouri-Columbia

Dissertation: Self-Control of Pain: Type of Imagery, Choice of Imagery Content, and Self-Verbalization

1976 M.A., Psychology (Counseling), University of Missouri-Columbia

Thesis: As You Like It--Validity Studies of the Strong Vocational Interest Inventories

1970 M.S.N.E., Nuclear Engineering, Massachusetts Institute of Technology

(U.S. Atomic Energy Commission Special Fellow)

Thesis: The Steam-Cooled Fast-Breeder Reactor: Past, Present, and Future

1968 B.S.N.E., Nuclear Engineering, University of Tennessee-Knoxville (with High Honors)

3. WORK EXPERIENCE

Jun 2016-date

<u>Feb 2019</u>	Visiting Research Scholar, University of Auckland
<u>Jul 2018-Jun 2019</u>	Visiting Distinguished Scholar, Psychology, Wheaton College
May 2018-date	Faculty Affiliate, Institute for Quantitative Social Sciences, Faculty of
	Arts and Sciences, Harvard University (Human Flourishing Program,
	Harvard University, 129 Mt. Auburn Street Suite 1, Cambridge MA
	02138)
Nov 2017-date	Commonwealth Professor Emeritus, Virginia Commonwealth
	University
Oct 2017-date	Affiliate Appointment, Department of Psychology, Virginia
	Commonwealth University
Oct-Nov 2017	Norman Munn Distinguished Visiting Scholar Award, Flinders
	University, Adelaide, Australia
Oct 1, 2017	Retired from Virginia Commonwealth University

Affiliate Faculty, Clinical Psychology, Regent University, Virginia

D 2015 0 2015	Beach, Virginia
Dec 2015- Oct 2017	Commonwealth Professor, Virginia Commonwealth University
<u>Jul 1989 – Dec 2015</u>	Professor, Psychology, Virginia Commonwealth University
<u>Jul 2010</u>	Visiting Research Fellow, St. Edmunds College, University of Cambridge
<u>Jun 2010</u>	Visiting Research Scholar, University of the West of England, Bristol,
<u>Juli 2010</u>	Department of Psychology
Jun 2006	Visiting Research Scholar, Hong Kong University, Department of
<u>3411 2000</u>	Education
Sep 2005-Dec 2005	Visiting Research Scholar, Centre for Advanced Religious and
<u>50</u>	Theological Studies, University of Cambridge, and Visiting Fellow, St.
	Edmund's College, University of Cambridge, Cambridge, England,
	while on scholarly research leave from VCU
Sep 2005-Dec 2005	Visiting Fellow, St. Edmund's College, University of Cambridge,
	Cambridge, England, while on scholarly research leave from VCU
Aug 2000 – Jun 2005	Chair, Department of Psychology, Virginia Commonwealth
	University
Aug 1999 – Jun 2000	Interim Chair, Department of Psychology, Virginia Commonwealth
	University
Aug 1998 – Dec 2005	Executive Director and Treasurer, A Campaign for Forgiveness
	Research (501 c (3) corporation)
<u>Jun 1996</u>	Visiting Scholar, Government of South Africa
<u>Aug 1983 - Jun 1989</u>	Associate Professor, Psychology, Virginia Commonwealth
	University
Jan 1982 - present	Private practice of Psychology (Counseling/Clinical)
	Active clinical practice ceased in mid-1986.
<u>Jun 1983 - Jun 1985</u>	Clinical Supervisor for (1) Beyond, Inc. (Rehabilitation Counseling), (2)
	Counseling Services of Richmond, and (3) the Richmond Metro Crisis
I 1001 I 1004	Pregnancy Center.
<u>Jun 1981 - Jun 1984</u>	Director and Clinical Supervisor, Midlife Counseling Service, VCU,
Ana 1079 Ana 1092	Department of Psychology (Training Clinic)
Aug 1976 - Aug 1983	Assistant Professor, Psychology, Virginia Commonwealth University
Aug 1076 May 1079	Psychology Intern, Counseling Services, University of Missouri-
Aug 1970 - May 1970	Columbia (APA-accredited).
Ian 1978 - May 1978	Adjunct Instructor, Psychology of Personality, University of Missouri-
Juli 1970 Way 1970	Columbia.
Aug 1974 - Dec 1976	Teaching Assistant, Psychology, University of Missouri-Columbia.
	Director, Academic Physics Division/Senior Division Officer, U.S.
<u></u>	Naval Nuclear Power School, Mare Island, California
Apr 1970 - Apr 1973	Instructor, Nuclear Physics, Nuclear Reactor
	Physics/Division Officer, U.S. Naval Nuclear Power School.
Apr 10, 1970	Commissioned Officer, USNR (Active Duty, until Apr 1974; Inactive
_	reserve 1974-1979; resigned commission, 1979)
Nov 1969 - Apr 1970	U.S. Naval Officer Candidate
<u>Jun 1969 - Nov 1969</u>	Engineer, Stone & Webster Engineering Corp., Massachusetts
<u>Jun 1968 - Sep 1968</u>	Engineer, U.S. Atomic Energy Commission, Oak Ridge, Tennessee
<u>Jun 1967 - Sep 1967</u>	Engineer Aide, Oak Ridge National Laboratory, Oak Ridge, Tennessee

4. FIELDS OR AREAS OF SPECIAL INTEREST

Areas of training

Counseling Psychology (Program member, 1978-1999, 2005-2017; Affiliate [while department chair], 1999-2005)

Social Psychology (Affiliate 1999-2017)

Developmental Psychology (Affiliate 1999-2017)

Health Psychology (Affiliate 2010-2017)

Areas of special research interest

Forgiveness and Reconciliation: Basic and Intervention Research (includes Humility and Gratitude, and Positive Psychology)

Religious and Spiritual Issues

Marriage: Dynamics and Interventions (Enrichment, Prevention, Therapy)

Previous areas of special interest

Family dynamics and therapy, including adolescents

Supervision of counseling

Cognitive-behavioral self-control of pain, anxiety, and stress

5. PROFESSIONAL AFFILIATIONS

General Psychology

American Psychological Association (Division 17, Counseling Psychology, 1975-1982, 2008-date; Fellow, August 2014; Division 36, Psychology of Religion, 2008-date; Fellow, August 2012)

American Psychological Society (1989-date; Fellow, 2005)

Southeastern Psychological Association (1978-date)

Virginia Psychological Association (1978-date)

Society for Psychotherapy Integration (1990-2007)

American Association of Applied and Preventive Psychology (1993-1998)

Virginia Counseling Psychology Association (1983-1987)

Richmond Area Psychological Association (1978-1983)

Specialty: Religious

International Society for Science and Religion (2017-date; Fellow, 2017)

American Association of Christian Counselors (1990-date)

Christian Association for Psychological Studies (1985-date)

Society for the Scientific Study of Religion (1985-2008)

Religious Research Association (1988-2008)

American Scientific Affiliation (1977-1995)

Specialty: Marriage and Family

National Council on Family Relations (1990-2011)

Association for Interdisciplinary Research in Values and Social Change (1989-1995)

Society for Research in Adolescence (1986-1993)

Other

Tau Beta Pi (Engineering Honorary, equivalent to Phi Beta Kappa) (1966-date)

6. MEMBERSHIP IN AND SERVICE TO COMMUNITY ORGANIZATIONS

Service to Community Organizations

Greater Richmond Dance Project (curriculum designer for couple enrichment; January 2018-2020)

Column Editor, *Line of Dance Newsletter*, USA Dance, Richmond, Member of the Month 2009 (Feb) through 2014 (May) I wrote 11 articles each year.

Chair, Mental Health Planning Council, Commonwealth of Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services, 1994-1998

Member, Virginia Secretary of Health and Human Services' Mental Health System Reform Task Force, 1995-6

Virginia Legislature, Courts, and State Board of Education: Testified in writing and orally before various state political bodies on 6 occasions

Virginia Congress of Parents and Teachers: Presented five bills before state conventions; testified on numerous others

Involved in local PTAs, School System, Henrico County, Virginia

Member, Community Involvement Team for Family Life Education in Henrico County School Board

Testified before Education 2000 Commission

Written testimony to Henrico County School Board on Family Life Education

Member, Community Advisory Board for Richmond Metropolitan Crisis Pregnancy Center, April 1983-August 1990

Member, Community Advisory Board for Reporting Academy of Virginia, January 1991-7

Church (Christ Presbyterian Church): I have been actively involved in church activities in Richmond since 1978, serving on the church Session for 16 years, as Director of Christian Education (8 years), Clerk (9 years), and Director of Political Involvement (3 years), teaching adult (usually), adolescent, and children's Sunday School (20 years), leading adult mid-week groups for 14 years, and giving 25 sermons

Youth Sports: I coached youth wrestling (5 years), T-ball (1 year), soccer (10 years, 20 teams), and contributed to youth sports through service on committees, publication of reports, and publication of a paper distributed to 300 or more families annually on youth sports and family values

Public Teaching

Papers and Talks to Community Organizations: Since 1978, I have given well over 700 prepared talks to community organizations (no longer counting)

Interviews with News Media: Since 1978, I have made (a) over 60 television appearances (including appearances on Continental Airlines In-Flight Video, Good Morning America, Jane Pauley Show, CNN, The Leeza Show, The Iyanla Show, Talk to America, and 700 Club), and others; (b) over 250 radio appearances or interviews (including NPR and Talk America Radio Network); and (c) over 600 interviews with print media and internet (nationally and internationally, including Time, Newsweek, and US News and World Report magazines and People magazine and major daily newspapers such as USA Today, New York Times, Chicago Tribune, Los Angeles Times, Boston Globe, Philadelphia Inquirer, National Catholic Reporter, Dallas Morning News, WebMD, and many others). [Again, no longer counting media interviews]

Documentary Movies: I have also been featured in numerous documentary movies (aimed at PBS, national distribution, or in other countries such as Korea, Australia, Italy, and Singapore). These include *The Power of Forgiving* (2007, winner best documentary 2007, Sun Valley Film Festival); *The Big Question: A Film about Forgiveness* (2008); *Forgiving the Unforgivable* (2009), and several others over the years. All feature excerpts from my clinical-research program to REACH forgiveness.

Workshops: I have given numerous (well over 175) workshops and seminars, usually to international, national, regional, and state conventions to professional therapists, but also to organizations and churches in the United States, Canada, England (many times), Scotland (2 times), Northern Ireland (Belfast), Romania (Iasi), Colombia (Cartegena, Bogota), Brazil (4 times; Sao Paulo, Rio de Janiero, Porto Alegre, small city near Rio), Peru (Lima), Hong Kong (3 times), Taiwan (2 times), the Philippines (3 times), Singapore (4 times), Malaysia (2 times), South Africa (2 times), Ghana (Skype), Australia (3 times, Sydney, Adelaide), New Zealand (Auckland, Christchurch, Otago), Turkey (Istanbul), Spain (Barcelona), Ukraine (Kiev). I have supervised graduate or doctoral students on dissertation committees (including doctoral students at Oxford, Cambridge, Hong Kong, University of Adelaide, Portugal, Barcelona; and in the USA). And I have co-presented or supervised former doctoral students who have conducted numerous other workshops in marital enrichment, forgiveness, and lay counseling as functioning professionals. [Again, no longer counting workshops]

Service to the Scholarly Community

Editorial Responsibilities

- a. Founding Editor *Marriage and Family: A Christian Journal*, appointment for May, 1994, through December 31, 2001.
- b. Editorial Boards

Current

American Journal of Family Therapy, Jan 1985-date Journal of Psychology and Theology, Jan 1985-date Journal of Psychology and Christianity, March 1989-date Psychology of Religion and Spirituality, November 2007-date

Past

Journal of Management, Spirituality, and Religion, Nov 2008-2020 The Clinical Supervisor, Sep 2007- Dec 2014 Journal of Counseling Psychology, Dec 1998-Dec 2000. VCU Teaching Online, June 1996-Dec 1998

c. Guest Editor for special issues of journals

Spirituality in Clinical Practice, 2023, on "Assessment and Intervention for Trauma in Religious Populations" (Co-Editors: Laura Captari and Everett L. Worthington, Jr.)

Frontiers in Psychology, 2020, on "Understanding the Process of Forgiveness" (Co-Editors: Haijiang Li, Everett L. Worthington, Jr., and Nathaniel G. Wade)

Journal of Psychology and Theology, 2019, on "Empirical Research in Forgiveness."

Journal of Psychology and Theology, 2019, on "Empirical Research in Forgiveness." Journal of Psychology and Christianity, 2012, on "Promoting Research in Psychology and Christianity"

Journal of Psychology and Theology, 2011, 2012 (two issues) on "Current Trends in Integration of Psychology and Theology"

Journal of Clinical Psychology: In Session, 2009, 65(2), on "Religious Interventions" Journal of Psychology and Christianity, 2008 (2) and (4), on "Empirical Research on Forgiveness," (two issues, Summer 2008 and Winter 2008)

Journal of Psychology and Christianity on "Christian Marriage Counseling," 1994, <u>13(2)</u>

Journal of Psychology and Christianity on "Religious Values and Psychotherapy," 1991, 10(2) and 10(3)

d. Contributing Editor

Borders, L.D., & Leddick, G.R. (1987). *Handbook of counseling supervision*. Alexandria, VA: Association for Counselor Education and Supervision

- e. Editor, *CAPS-East Newsletter* (2 years, 1994-1995)
- f. Department Co-Editor for "The Journal File," *American Journal of Family Therapy*, Jan 1985-June 1990

(1) Worthington & O'Shea, M.

AJFT, 1990, 18, 118-128

AJFT, 1990, 18, 218-224

AJFT, 1989, 17, 86-95

AJFT, 1989, 17, 184-191

AJFT, 1989, 17, 287-296

AJFT, 1989, 17, 377-389

AJFT, 1988, 16, 87-94

AJFT, 1988, 16, 181-191

AJFT, 1988, 16, 281-287

AJFT, 1988, 16, 376-380

AJFT, 1987, 15, 87-94

AJFT, 1987, 15, 185-192

AJFT, 1987, 15, 279-288

AJFT, 1987, *15*, 370-378 *AJFT*, 1986, *14*, 373-379

(2) Markman, H. J., & Worthington

AJFT, 1986, 14, 91-96 AJFT, 1986, 14, 184-192 AJFT, 1986, 14, 279-288 AJFT, 1985, 13 (2), 86-95 AJFT, 1985, 13 (3), 87-95 AJFT, 1985, 13 (4), 85-90

- g. Research Consultant-Reviewer for *Family Therapy Networker*, 1982-1984. I wrote two columns before the journal changed its format
 - (1) FTN, 1983, 3(1), 55
 - (2) *FTN*, 1983, *3*(3), 55-56
- h. Ad hoc manuscript review for psychological journals: over 100 (no longer keeping track)
- i. Book Reviews for Publishers: too numerous to count
- j. Grant Review Panels

Ad hoc reviewer for numerous Foundation grant proposals (1997-date)

Co-chair (with David Myers), Research Grant Review Panel, The John Templeton Foundation, RFP "Empirical Research in Forgiveness," August 1997-March, 1998 (136 proposals).

Chair, Grant Review Panel, Commonwealth of Virginia, Department of Mental Health, Mental Retardation, and Substance Abuse Services, RFP #720-95706M, "Community-Based Services to Adults with Serious Mental Illness and Children with a Serious Emotional Disturbance," \$585,025, June, 1995 (52 proposals)

VCU Faculty Grant-in-Aid Research Review Panel, Member 1988-1990

k. Organizer or Track Coordinator for National or International Conventions

Track Co-Leader, AACC World Conference, Nashville, TN, September 2021

Track Co-Leader, AACC National Conference, Dallas, TX, September 2020

Track Co-Leader, AACC World Conference, Nashville, TN, September 2019

Track Co-Leader, AACC National Conference, Dallas, TX, September 2018

Track Co-Leader, AACC World Conference, Nashville, TN, September 2017

Track Co-Leader, AACC Church Conference, Lynchburg, VA, May 2017

Track Co-Leader, AACC National Conference, Dallas, TX, September 2016

Track Co-Leader, AACC Church Conference, Charleston, SC, May 2016

Track Co-Leader, AACC World Conference, Nashville, TN, September 2015

Track Co-Leader, AACC National Conference, Branson, MO, September 2014

Track Co-Leader, AACC World Conference, Nashville, TN, September 2013

Track Co-Leader, AACC National Conference, Branson, MO, September 2012

Track Co-Leader, AACC Marriage Conference, Orlando, April 2012

Track Co-Leader, AACC International Convention, Nashville, TN 2011

Planning Committee, Conference on Mercy, Atlanta, 2011

Track Co-Leader, AACC National Convention, Branson, MO 2010

Track Co-Leader, AACC International Convention, Nashville, TN, 2009

Track Co-Leader, AACC, National West Region, Dallas, 2008

Track Co-Leader, AACC, National East Region, Orlando, FL, 2008

Track Co-Leader, AACC International Convention, Nashville, TN, 2007

Track Co-leader, Marriage and Family Therapy Track, Counseling Conference, Counsel Works, Orlando, 2004

Organizer, Scientific Findings about Forgiveness, Atlanta, GA, 2003 (A Campaign for Forgiveness Research, sponsor)

Organizer, Helping People Forgive, Atlanta, GA, 2003 (*A Campaign for Forgiveness Research*, sponsor) Track Co-coordinator, Counseling Theory and Research, AACC World Conference on Christian Counseling 2001, Nashville

Organizer, Forgiveness and Reconciliation, sponsored by Harvard Kennedy School of Government and the John Templeton Foundation, Harvard University, Forgiveness Researchers Track, October, 1999 Track coordinator, Innovations in Psychology, Christian Association for Psychological Studies, Chattanooga, TN, 1998

Track coordinator, Family Counseling Track, AACC World Congress on Christian Counseling, Dallas, November, 1997

Organizer, Conference for Research on Forgiveness, sponsored by the JTF, Hope College, Holland, Michigan, October, 1997

Associate Director for Religion and Mental Health, National Task Force on Research in Religion, John Templeton Foundation (JTF) and National Institute for Healthcare Research, three conventions: July, 1996; January 1997; July 1997; co-author of "white paper" on policy implications for a research agenda on mental health and religion in the United States; presenter at press conference at the National Press Club (televised by numerous outlets)

Track coordinator, CAPS National Convention, Marriage and Family Track, Virginia Beach, 1995 Track coordinator, American Association of Christian Counselors (AACC) and Focus on the Family, National Congress on the Family, Premarital and Marital Counseling Track, Denver, 1995

- 1. Ad hoc reviewer for convention presentations: Many years, many organizations
- m. Institute for Spirituality and Health (formerly National Institute of Healthcare Research)
 Research Fellow (1994-2003)

Speakers' Bureau (1996-2003)

- n. International Board of Advisors, John Templeton Foundation (1996-2001; 2003-2006)
- o. Fetzer Institute, Consultant to the Board (2007-2015)

Professional Organizations/Groups

- a. Liaison, Divisions 17 (Society for Counseling Psychology, Special Interest Group) and Division 36 (Society for Psychology of Religion and Spirituality) (August 2011-August 2014)
- b. President-Elect (2008-2009), President (2009-2010), and Past-President (2010-2011), APA Division 36 (Psychology of Religion); associated duties like Executive Committee (2008-2011)
- c. Board, Christian Association for Psychological Studies (International) elected Academic Representative, 1994-1997 (Publications Committee, Chair, Video Series Committee)
- d. Board, Christian Association for Psychological Studies-East Region, 1993-1995 (Elections committee, New Members committee, Newsletter editor)
- e. Advisory Board, American Association of Christian Counselors, 1991-date
- f. Division 36 (Psychology of Religion; Psychologists Interested in Religious Issues) APA Task Force on Families and Religion, 1990-1992
- g. ACES Supervision Committee, member (1984-1993)

h. Formed and participated in a variety of groups of helping professionals within the metropolitan Richmond area (1980-1985)

Administrative Positions

- a. Chair, Department of Psychology, July 2000-June 2005

 Administrative Accomplishments: Led the Department in developing a strategic plan and adhering to those mission, values, goals, and objectives throughout five years. Presided over the hiring of about 1/3 of the faculty. Secured full-time non-tenure track collateral teaching faculty to cover courses vacated by tenure-track faculty successful grant-getting. Promoted graduate student excellence through (1) securing summer money to fund research and publication of graduate-student first-authored journal articles, (2) offering cash incentives for professional publications, (3) insuring full coverage of graduate students who wished to be funded, (4) promoting NRSA F31 awards through establishing a course aimed at securing those awards (taught by Dr. Tom Eisenberg). Promoted undergraduate excellence by providing cash incentives to Psi Chi for community service projects and money to support publication and presentations.
- b. Interim Chair, Department of Psychology, August 1999-June 2000

 <u>Administrative Accomplishments</u>: Assumed the Chair during a period of turmoil after the previous Chair resigned precipitously and the Department was without a Chair for five months. Led the Department in stabilizing and re-initiating growth.
- c. Executive Director and Treasurer, A Campaign for Forgiveness Research, 1998-2005
- d. Board of Directors, A Campaign for Forgiveness Research, 1998-2005

 Administrative Accomplishments: Fund raising. Worked with the Board of Directors to secure \$3.25M in funding from 14 funding partners. Administered the grants successfully. Organized two national conferences run concurrently in Atlanta. Published Handbook of Forgiveness (Editor) to review research in 30 areas pertaining to the scientific study of forgiveness.
- e. Executive Director, VCU's MATE Center (Marital Assessment, Treatment, and Enrichment Center) 1997-date (Annual reports available on request)
- f. Director of Training, Graduate Program in Counseling Psychology, May 1997-Aug 1999; Aug 2013-June 2015

 **Administrative Accomplishments*: 1997-9, wrote the first APA self-study under the new guidelines of stating the program goals and measures and then adducing evidence for reaching those goals; 2013-5, new mission and vision statements, curriculum reform, redid the plan for assessment of student learning (WEAVE), evaluated the new assessment plan, brought paperwork into conformity with the plan, redid prelims, committees to hire two new professors in Counseling
- g. Interim Director of Undergraduate Studies in Psychology, August 1993-January 1994
- h. Acting Program Chair and Training Director, Counseling Psychology Program, August, 1991-January, 1992

- i. Director of Undergraduate Studies in Psychology, August, 1985-June 1987
- j. Director, Midlife Counseling Service, June 1981-June 1984

Scholarly Talks and Papers: Local

Since 1978, I have given well over 600 prepared papers to various groups within the scholarly community of VCU and professional organizations throughout the greater Richmond area (Haven't kept track for many years)

7. SPECIAL AWARDS, FELLOWSHIPS, AND OTHER HONORS

Licenses

Licensed in Virginia as Clinical Psychologist No. 0810001428 (April 1987-date) Approved Supervisor by Virginia Board of Professional Counselors: May 1983-1990 Licensed in Virginia as Psychologist (Counseling) No. 418 (Jan 1982-1996)

Awards

Honorary Degree:

2014, Doctor of Humane Letters (Honorary Doctorate), Pepperdine University, May 17, 2014

Overall Awards:

- 2021, Lifetime Achievement Award, Forgive for Health Ministries, September, 2021
- 2017, VCU, Commonwealth Professor Emeritus, October, 2017
- 2017, International Society of Science and Religion, Fellow, August, 2017
- 2016, State Council of Higher Education in Virginia (SCHEV), Outstanding Faculty
- Award, February 16, 2016 [13 chosen annually Commonwealth of Virginia, all disciplines]
- 2015, Elder Recognition Award for Distinguished Contributions to Counseling Psychology, Division 17, Society for Counseling Psychology, August 7, 2015
 - 2014, VCU Commonwealth Professor, December 15, 2014 [VCU's highest academic rank]
 - 2011, American Psychological Association, Fellow, Division 17, October, 2012
 - 2011, American Psychological Association, Fellow, Division 36, October, 2011
- 2012, "Roast" of Ev Worthington, Christian Association for Psychological Studies (April, 2012)
 - 2009, VCU University Award for Excellence, September, 2009
- 2008, Narramore Award for Integration of Psychology and Christianity, Christian Association for Psychological Studies, April 2008
 - 2005, American Psychological Society, Fellow (Clinical Psychology), December, 2005
- 2005, Division 36, APA, Certificate of Recognition for Professional Dedication and Scholarly Endeavors that Have Enhanced the Filed of the Psychology of Religion and Spirituality, Awarded April, 2005
- 2001, Distinguished Member Award, Christian Association for Psychological Studies, 2001 (organization's highest honor, one per year)
- 1999, Gary R. Collins Award for Excellence in Christian Counseling (by American Association of Christian Counselors), 1999 (one per year)

Teaching Awards:

2013, one of 21 honored Top Psychology professors in Virginia by StateStas.org http://onlineschoolsVirginia.com/top-college-professors-in-Virginia/psychology/

2003, Virginia Sexton Mentoring Award, Division 36 of the American Psychological Association (Psychology of Religion)

1996, Selected by the College of Humanities and Sciences as a participant in the International Council for Faculty Exchange summer program to Brazil.

1995-6, VCU College of Humanities and Sciences Distinguished Teaching Award.

1995, Selected by CAPS International as third lecturer in the "Master's Therapist" videotape series; videotaped lecture and demonstration of Christian Marriage Counseling, June 1995.

1994, 2000. Syllabus accepted 1994 as model syllabus for Introductory Psychology by Project Syllabus, Division 2 (Teaching Psychology) of the American Psychological Association; renewed, 2000

1993-1997, Appointed Senior Faculty for Quality Instruction, Department of Psychology, VCU

1983-1984, Outstanding Teacher of the Year in Psychology at VCU (selected by Psi Chi).

1977-1978, Outstanding Graduate Student Teacher, University of Missouri-Columbia

Scholarship Awards:

2021, Sharecare/Emmy Award for "Building Forgiveness around the World," (Director, Richard Sergay); the story of REACH Forgiveness.

2016-2017, Norman Munn Distinguished Visiting Scholar Award (Flinders University) October-November 2017

2012, William Bier Award for Sustained Professional Contributions, Division 36 (Society for Psychology of Religion and Spirituality)

2012, The William Henry Griffith Thomas Lectures, Dallas Theological Seminary, February 7-10, 2012

2011, Dorothy Booz Black Award for Heath Psychology; Division 17 (Society of Counseling Psychology)

2008, Hope College, Pew Faith and Learning University Lecturer

2008, Trinity Evangelical Divinity School, Integration Lecturer

2007, VCU College of Humanities and Sciences Distinguished Scholar Award

2006, Azusa Pacific University, Integration Lecturer

2006, Visiting Research Scholar, Department of Education, Hong Kong University

2006, *The Power of Forgiveness*, chosen semi-finalist in Independent Publishers Book-of-the-Year award, Spiritual/Religious.

2006, *The Power of Forgiveness*, chosen a Book of Distinction, John Templeton Foundation.

2005, Distinguished Visiting Scholar, Centre for Advanced Religious and Theological Studies, University of Cambridge, Cambridge, England

2005, Visiting Fellow, St. Edmund's College, University of Cambridge, Cambridge, England

2003, Forgiving and Reconciling: Bridges to Wholeness and Hope, chosen a Book of Distinction, John Templeton Foundation

2003, Scandrette Lecturer, Wheaton College

2001, Gimbel Scholar

2000, Fuller Theological Seminary, Annual Invited Integration Lecturer

1998, Templeton Humility Theology Award (Honorable Mention) for McCullough, M.E., Worthington, E.L., Jr., & Rachal, K.C. (1998). Interpersonal forgiving in close relationships. *Journal of Personality and Social Psychology*, 75, 321-326.

1998, Templeton Humility Theology Award (Exemplary Paper) for McCullough, M.E., Worthington, E.L., Jr., Maxie, J.L., & Rachal, K.C. (1997). Gender in the context of religious counseling: An example of the interactive framework for gender and counseling. *Journal of Counseling Psychology*, 44, 80-88.

1997, Templeton Humility Theology Award for Worthington, E.L., Jr. (1998). The empathy-humility-commitment model of forgiveness applied within family dyads. *Journal of Family Therapy*, 20, 59-76.

1997, Christian Association for Psychological Studies Annual Convention, Best Data-Based Research Presentation, for Worthington, E. L., Jr., Hight, T. L., Ripley, J. S., Perrone, K. M., Kurusu, T. A., & Jones, D. R. (1997, June). *Hope focused couple enrichment: Practice and research.* Paper presented at the meeting of the Christian Association for Psychological Studies, Seattle.

1996, Templeton Humility Theology Award for Worthington, E. L., Jr., Kurusu, T. A., McCullough, M. E., & Sandage, S. J. (1996). Empirical research on religion and psychotherapeutic processes and outcomes: A ten-year review and research prospectus. *Psychological Bulletin*, *119*, 448-487.

1996, Visiting Scholar, government of South Africa, June, 1996

1996, Templeton Humility Theology Award for McCullough, M. E., & Worthington, E. L., Jr. (1995). Promoting forgiveness: A comparison of two psychoeducational group interventions with a waiting-list control. *Counseling and Values*, 40, 55-68.

1996, Donald Biggs-Gerald Pine Award for Outstanding Scholarly Contribution: Awarded by the Association for Religious and Value Issues in Counseling, a division of the American Association for Counseling and Development for "McCullough, M. E., & Worthington, E.L., Jr. (1995). Promoting forgiveness: A comparison of two psychoeducational group interventions with a waiting-list control. *Counseling and Values*, 40, 55-68."

1995, Templeton Humility Theology Award for McCullough, M. E., & Worthington, E. L., Jr. (1994). Encouraging clients to forgive people who have hurt them: Review, critique, and research prospectus. *Journal of Psychology and Theology*, 21, 3-20.

1994, Templeton Humility Theology Award for Worthington, E. L., Jr. (1991). Psychotherapy and religious values: An update. *Journal of Psychology and Christianity*, 10 (3), 211-223.

1990, Donald Biggs-Gerald Pine Award for Outstanding Scholarly Contribution: Awarded by the Association for Religious and Value Issues in Counseling, a division of the American Association for Counseling and Development for "Worthington, E.L., Jr. (1990). Marriage counseling: A Christian approach for counseling couples. *Counseling and Values*, *35*, 3-15. (Invited Article)."

1990, *Marriage Counseling* (1989); Finalist, Christian Booksellers Gold Medallion Award, for Text/Reference Category.

1989, Scandrette Lecturer, Wheaton College.

1968-9, U.S. Atomic Energy Commission Special Fellowship in Nuclear Engineering (1968-1969)

Leadership Awards:

2011, AACC Silver Award for Outstanding Influence and Leadership in the Development and Advancement of Christian Counseling around the World, September 30, 2011 (AACC is the American Association of Christian Counselors, membership over 50,000)

(Not really an award, but more like an honor) Interview included in a book, Long, S. (2005). *Difference makers: Stories of those who dared*. Singapore: World Scientific. The chapter is entitled, "Dr. Everett Worthington: The healer within Dr. Forgiveness," pp. 109-118.

Grace E. Harris Leadership Scholar, 2000-2001

Humanitarian Award

2017, Humanitarian Award, presented at the national conference of the Association for Spiritual, Ethical, Religious Values in Counseling [ASERVIC]; a division of ACA

Courses Taught by Invitation at Other Universities

Wheaton College, "Integration of Psychology and Theology in Psychotherapy"

- 2016 Master's program in Counseling and Chaplaincy in Crisis Situations, REALIS Christian Center and National Pedagogical Dragomanov University, Kiev, Ukraine, "Forgiveness"
- 2016 Regent University, "Forgiveness"
- 2015 Denver Seminary, "Relational Therapies"
- 2013 Light University, "Research Design and Statistics" [online master's level course]
- 2012 Denver Seminary, "Relational Therapies"
- 2009 Denver Seminary, "Relational Therapies"
- 2007 Denver Seminary, "Relational Therapies"
- 2007 Rosemead School of Psychology, "Forgiveness"
- 2006 Alliance Graduate School (Quezon City, Philippines) "Forgiveness"
- 2004 Grace University, Psychology, "Forgiveness"
- 2004 Rosemead School of Psychology and Talbot Seminary (Biola University), "Forgiveness: Theory Research and Practice"
- 2004 Denver Seminary, "Marriage Enrichment: Review and Role of Forgiveness Training in Marriage Enrichment"
- Alliance Biblical Seminary and Pacific Consortium of Graduate Schools (Quezon City, Philippines), "Forgiveness": Theory, Research, and Practice."
- 2001 Denver Seminary, "Marital Enrichment."
- 1998 Denver Seminary, "Premarital and Marriage Enrichment Interventions."
- 1992 Denver Seminary, "Marriage and Premarriage Counseling."
- 1991 Liberty University School of Lifelong Learning "Theories and Techniques of Counseling I" (videotaped plus live).
- 1990 Liberty University School of Lifelong Learning "Dealing with Marital Stress, Infidelity, and Divorce." (audiotaped).
- 1990 Denver Seminary "Marriage and Premarriage Counseling."

8. MAJOR ACADEMIC COMMITTEES

University

University Awards Committee, Interim (2016, Spring)

Online Education Committee (2010-2011)

Life Sciences and Religion Advisory Committee (2004-2006)

Search Committee, Chairman Behavioral Program, School of Public Health (2004-5)

Committee for Behavioral Program in Addictions, School of Public Health (2004-5)

Search Committee, Dean of the School of Graduate Studies (2001-2)

Co-Coordinator, Life Sciences 102 (Behavioral Life Sciences)(2001-2002)

Life Sciences Initiative Executive Advisory Committee (2000-2005)

Task Force on Academic Success for Promoting Student Retention (1997)

South African Initiative Committee (1997-1999)

VCU Teaching Online, Editorial Board (1996-1998)

Senior Faculty Mentor Program (1994-1995)

Task Force for Description of Social Sciences and Humanities (1994)

FAME Faculty Mentor Program (1993-1995)

Faculty Grant-in-Aid Committee (1988-1990)

Committee to Evaluate Proposals for Centers of Inquiry (1989)

College of Humanities and Sciences

CHS Award Recipients (2012)

CHS General Education Task Force (2007-2009)

Search Committees, Directors, School of World Studies and for School of Government (2003)

Life Sciences Committee (2001-2006)

Task Force for the Evaluation of the English Department (2000-2001)

CHS Dean's Administrative Committee (1999-2005)

Faculty Development Task Force (1999)

Senior Mentor for New Faculty Members in the CHS (1996-1997; 1997-1998)

Grievance Committee (1994-1997)

Task Force on Advising (1993-4)

Faculty Status Committee (1990-1992)

Undergraduate Academic Committee (1980-1981; 1985-1987, 1993)

Faculty Council (1980-1981; 1985-1987; 1990-1992; 1993)

Committee on Extra-institutional Learning, Chair (1980-1983)

Committee for the Feasibility Study for a New Building for Psychology

and Mass Communications (1980-1981)

Department of Psychology

Academic Curricula Committees

Undergraduate Committee (1979-1983; 1985-1987; 1988-1989; 1993-1999, 2007-2009),

Chair (1985-1987; 1993)

Psychology Graduate Committee (1983-1985, 1991, 1997-1999, 2013-2015)

Personnel Committees

Committee on Faculty Peer Review of Instruction (1993-1994), while Chair (1999-2005)

Personnel Committee (1994-1997)

Personnel and Policy Committee (1982-1983, 1985-1986)

Administrative Committee (1985-1987)

Departmental Service Committees

Multicultural Advocacy Committee (1997-1999)

Human Subjects Research Review (1990-1993)

Omsbudsperson (1996-1999)

Task Forces and Ad Hoc Committees

Task force for 6-Year Hiring Plan (2014-5)

Ad Hoc Committee for Mission Statement Review (1994-5)

Ad hoc Committee on Governance (1993-1994)

Ad Hoc Committee on Statistics, Methodology and Computer Skills

Ad hoc Committee for Training for Psychology Graduate Students (1981-1982)

Ad Hoc Committee on Merging the Psychology Department's Clinics (1983-1984)

Ad Hoc Committee for Renovation of the Center for Psychological Services and Development (1985)

Ad Hoc Committee for Departmental Space Allocation (1985)

Task Force for Large Section Instruction (1987)

Counseling Psychology Program

Director of Training (2013-2015; 1997-1999; Acting Director of Training, 1991)

Faculty Search Committee for Director of Training in Counseling (2013-5)

Faculty Search Committee for Assistant Professor in Counseling (2013-5)

Practicum and Internship Coordinators (2013-5)

Search Committee, Director of the Center for Psychological Services and Development (2014)

Prelims Coordinator (2005-date)

Science Committee (1996-1997)

Multi-cultural Task Force (1992-1993)

Preliminary Examination Coordinator (1990-1993; 2006-2016)

Recorder (1987-1990; 2013-2015)

Graduate Admissions (1979-1986), Chair (1981-1985)

Midlife Counseling Service Committee, Chair (1981-1984)

Planning and Development Committee (1979-1981)

Faculty Search Committees (1983)

Tenure and/or Promotion Committees (n=20; 7 as Chair)

Terri Sullivan (Professor, Psychology) (2015, Chair)

Suzanne Mazzeo (Professor, Psychology) (2011, Chair)

Kirk Warren Brown (Associate Professor, Psychology) (2010, Chair)

Jeffrey D. Green (Associate Professor, Psychology) (2009, Chair)

Terri Sullivan (Associate Professor, Psychology) (2009)

Wendy Kliewer, (Professor, Psychology), (2006, Chair)

Susan Kornstein (Tenure, Professor; Psychiatry) (2001)

Scott Vrana (Tenure) (1999)

Earle Coleman (Professor; Philosophy and Religious Studies) (1998)

Wendy Kliewer (Tenure, Associate Professor; Psychology) (1997)

Finetta Reese (Tenure, Associate Professor; Psychology) (1996)

Judy M. Chartrand (Tenure; Associate Professor; Psychology) (1994)

Steven B. Robbins (Professor; Psychology) (1993, Chair)

Janet Younger (Professor, Nursing) (1992)

Timothy Elliot (Tenure; Associate Professor; Psychology) (1992, Chair)

Albert Farrell (Professor; Psychology) (1992)

Thomas V. McGovern (Professor; Psychology) (1989)

Steven Danish (Tenure, Professor; Psychology) (1985)

Arnold Stolberg (Tenure, Associate Professor; Psychology) (1984)

Steve Auerbach (Professor; Psychology) (1983)

External Consultant on Tenure and Promotion Committees (n=47)

Jon Webb (Professor, East Tennessee State University, 2016)

Michael Steger (Professor, Colorado State University, 2016)

Loren L. Toussaint (Professor, Luther College, 2015)

Jason Nieuwsma (Associate Professor V, Duke University, 2015)

Patrick Hill (Associate Professor, Psychology, Carleton University, Canada, 2015)

Kim Penberthy (Clinical Professor, University of Virginia, 2014)

Ron Welch (Professor, Psychology, University of Denver, 2014)

Mark Rye (Professor, Psychology, Skidmore College, 2014)

Keith Edwards (Professor, Psychology, Biola University, 2014)

Kevin Ladd (Professor, Psychology, Indiana University South Bend, 2014)

Gina Magyar-Russell (Associate Professor, Counseling, University of Loyola—Maryland, 2013)

Peter C. Hill (Professor of Psychology, Biola University, 2013)

Heather D. Gingrich (Professor of Counseling, Denver Seminary, 2013)

Steven J. Sandage, (Professor of Psychology for the Boston University Danielsen Chair in Religion and Psychology, 2012)

Gina Brelsford (Associate Professor, Psychology, Penn State University, Harrisonburg, 2012)

Mark S. Rye (tenured as Associate Professor, Skidmore College, 2012)

Steve Stratton (Professor of Counseling, Asbury University, 2011)

Adriel Boals (Professor of Psychology, University of North Texas, 2011)

Fraser Watts (Starbridge Endowed Chair; Readership to Professor, University of Cambridge, 2010)

Fred Gingrich (Professor of Counseling, Denver Seminary, 2010)

Jon Webb (Associate Professor, East Tennessee State University, 2010)

Michael Steger (Associate Professor, Colorado State University, 2010)

Glen Milstein (Associate Professor, City College of New York, 2010)

Seiji Takaku, Soka University (Associate Professor and Tenure, 2010)

Christina Puchalski (Professor of Psychiatry, George Washington University School of Medicine, 2009)

Todd W. Hall (Professor of Psychology, Rosemead School of Psychology, Biola University, 2009)

Charlotte VanOyen Witvliet (Professor, Hope College, Michigan, 2008)

Loren Toussaint (Associate Professor, Luther College, Iowa, 2008)

Kevin Masters (Professor, Syracuse University, 2007)

Timothy Kelly (Professor, Fuller School of Psychology, 2006)

Helen DeVries (Professor; Wheaton College, 2004)

Shann Ferch (Professor; Gonzaga University, 2004)

Annette Mahoney (Professor; Bowling Green State University, 2004)

Mark Rye (Associate Professor; University of Dayton, 2003)

Jennifer Ripley (Associate Professor; Regent University, 2003)

Charlotte Witvliet (Associate Professor; Hope College, 2002)

Scott Richards (Professor; Brigham Young University, 1999)

Shann Ferch (Associate Professor; Gonzaga University, 1999)

Randall Sorenson (Professor; Biola University, 1998)

Brian McNeil (Professor; Washington State University, 1998)

Helen DeVries (Associate Professor; Wheaton College, 1997)

David Larson, M.D. (Professor; Duke University, 1995)

Rebecca Propst (Professor; Lewis and Clark College, 1994)

Alan Tjeltveit (Professor; Muhlenberg College, 1994)

Scott Richards (Associate Professor; Brigham Young University, 1993)

Beverly E. Thorn (Associate Professor; University of Alabama, 1987)

Beverly E. Thorn (Associate Professor; Ohio State University, 1985)

Third-Year Academic Review Committees (n=9, 2 as Chair)

Natalie Shook (Social Psychology, 2010)

Jeffrey Green (Social Psychology, 2008)

Kathy Ingram (Counseling Psychology, Chair, 1998)

Micah McCreary (Counseling Psychology, Chair, 1996)

Judy M. Chartrand (Counseling Psychology, 1992)

Timothy Elliott (Counseling Psychology, 1990)

Lesley Slavin (Counseling Psychology, 1989)

Sandra Olson (Counseling Psychology, 1986)

Theresa Buczek (Counseling Psychology, 1983)

Dissertation and Thesis Committees and Research Advising

Chaired 56 dissertations to completion

Chaired 55 master's theses to completion

Chaired 7 undergraduate honors theses to completion.

Participated as a committee member on 43 completed dissertations, 42 completed master's theses.

Participated as external committee member on dissertations at other universities:

Ángela Ordóñez Carabaño (Universidad Comillas Pontificia); Emmanuel Ndukimana (Oxford Centre for Mission Studies, Oxford, England); Liliana Costa (University of Maia, Porto, Portugal), Silvia Recoder Fernández (Departament de Ciències Bàsiques, Facultat de Medicina I Ciències de la Salut, UIC Barcelona); Amber Perkins (Regent University), Monique Howell (Richmont University); Emmanuel Ndikumana, (Oxford Centre for Mission Studies, Oxford, England, African Studies Research Group, with degree granting institution Middlesex University); Liliana Costa (Psicologia Clínica e da Saúde, ISMAI - Instituto Universitário da Maia, Lisbon, Portugal; Rachel Stoetebecker (Griffith University, Australia), Monique Howell (Richmont University), Emma Kemp (University of Adelaide); Cecilia Tang (Hong Kong University); Rebecca Loundar (Macquerie University, Australia); Louise Mooney (University of Adelaide, Australia); Jin Yuk Park (Liberty University); Teresa Harrison (Trevecca Nazarene, Nashville); Yin Kwan Loraine PUN (University of Hong Kong); Daniel Chong (Liberty University); David Lipschitz (Transpersonal Institute); Eric Lau (Hong Kong University); Wanda Malcolm (York University, Toronto, Canada); Lee Anne Vaughn (Regent University, Virginia Beach); Glenice Burchard (Regent University, Virginia Beach)

9. SIGNIFICANT SCHOLARLY, PROFESSIONAL, RESEARCH, OR ADMINISTRATIVE EXPERIENCE

9.1 Convention Presentations and Colloquia: over 1,000 (no longer counting)

I have presented papers at international conferences in the United States, Canada, England, Scotland, Northern Ireland, The Netherlands (Amsterdam), Romania, Spain, Brazil, Peru, Taiwan, Singapore, Malaysia, the Philippines, Hong Kong, Australia, New Zealand, Ghana, and South Africa. I have also presented well over 1,000 convention papers, invited colloquia, or professional seminars and workshops throughout the world and the United States at national, regional, and state conferences. No longer counting presentations.

9.2 Research Grants and Contracts

Active

James Sells (PI) Jennifer Ripley (Co-I); Research in Spiritual and Religious Competencies in Clinical Training, John Templeton Foundation, through Stetson University, \$107,295 (Role: Consultant)

Loren Toussaint (PI); Self-Forgiveness, Mental Health, and Addictive and Suicidal Behaviors in the Caribbean: Addressing Big Questions and Opening New Vistas. TWCF 2021-20709 \$233,393; June 2022 to June 2024 (Role: Consultant)

Kristin Garrett (PI); Co-Is: Bryan McGrath, Nate Thom, Darcie Dizelle, Jay Wood, & Everett L. Worthington, Jr. (through Wheaton); Political Humility, Roles Co-I and Consultant; \$190,000; 9/1/2019 to 8/31/2021

Joe Bilbulia (PI); National Surveys of Virtues in New Zealand 2017-date (Role: Consultant)

Man Yee HO (PI), Everett L. Worthington, Jr. (Consultant), Tyler VanderWeele (Consultant). REACH Forgiveness in Eight International Sites. \$999,082 (DC) + \$125,000 (F&A) + \$200,000 (Harvard) Templeton World Charity Foundation, 7-1-2019 to 6-30-2022.

Michael Wenzel (PI), Lydia Woodyatt (Co-I), Tyler Okimoto (Co-I), Everett L. Worthington, Jr. (Consultant). Other- and Self-forgiveness: Ten dyadic studies. Australian Council, \$200,000(Australian)

Completed

Deborah Lycett (PI; Coventry University, England)); Developing a Taxonomy of Religious and Spiritual Interventions, 2016-2018; Role: Consultant.

Scott Richards (PI; Brigham Young University); Practice into Research (Role: Consultant)

Jennifer Ripley (PI), Vanessa Kent (Co-I), & Everett L. Worthington, Jr. (Co-I; through Regent). Couple therapy. Subaward for \$200,000 from Brigham Young Bridges Grant (John Templeton Foundation)

James Sells (PI), and Jennifer Ripley (Co-I), & Everett L. Worthington, Jr. (Consultant). Couple education in China. \$100,000. John Templeton Foundation.

Worthington, E. L., Jr. (PI). Can forgiveness research be strengthened in West and South Africa? Templeton World Charity Foundation, \$938,248 TC (\$838,903 DC), 9-19-2014 to 9-18-2017.

Davis, D. E. (PI), Joshua N. Hook, Charlotte v. O. Witvliet, Lynsey Root Luna, Daryl Van Tongeren, and Everett L. Worthington, Jr. (Co-Is). Behavioral indications of humility. John Templeton Foundation, \$200,000 TC, 12-01-2013 to 11-30-2016.

Joel Myers (PI), Don E. Davis (Co-I) and Joshua N. Hook (Co-I), Worthington, E. L., Jr.(Co-I). *Relational humility*. John Templeton Foundation, \$199,000 TC, 04-01-2012 – 03-31-2014.

Worthington, E. L., Jr. (PI), & Don E. Davis (Co-I) and Joshua N. Hook (Co-I). *Relational humility*. John Templeton Foundation, \$344,584 TC (\$299,638 DC), 01-01-2010 – 12-31-2014.

Worthington, E. L., Jr. (PI). Forgiveness in Christian Colleges: A study of the community impact of forgiveness awareness raising. Fetzer Institute, \$72,000 TC (\$65,000 DC). Co-Is: Nathaniel Wade, Charlotte Witvliet, Steven J. Sandage 06/01/2009-05/31/2011 (ext. 07/31/2013).

Wade, N. G. (PI), Rye, M. (Co-I), & Worthington, E. L., Jr. (Co-I). Forgiveness in groups: Are common factors responsible for gains or specific psychoeducational exercises? Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013).

- Rye, M. (PI), Wade (Co-I), & Worthington, E. L., Jr. (Co-I). Forgiveness groups and gratitude writing exercises in families of women who are recently divorced. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013).
- Witvliet, C.v. O. (PI), Exline, J. J. (Co-I), Tsang, J. A. (Co-I), & Worthington, E. L., Jr. (Co-I). Baseline vagal tone and its effects on reactions to transgressions and forgiveness. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013).
- Exline, J. J. (PI), & Prince-Paul, M. J. (Co-I), Worthington, E. L., Jr. (Co-I). Forgiveness in families of patients in hospice. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013)
- Sandage, S. J. (PI), & Worthington, E. L., Jr. (Co-I). Forgiveness group intervention as an adjunct to Dialectical Behavior Therapy (DBT) for borderline personality disorder patients. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013)
- Hui, E. A. P. (PI), Watkins, D. (Co-I), Sun, R. (Co-I), & Worthington, E. L., Jr. (Co-I). Forgiveness and culture in Hong Kong students. Research award competition, Hong Kong University, (\$65,000 HKD, about \$8200 USD) 06/01/2009-05/31/2011
- Worthington, E. L., Jr. (PI) & Michael McCullough (Co-I) and Steven Sandage (Co-I). *Forgiveness and relational spirituality*. Fetzer Institute, \$350,000 DC and TC (September 2006-August 2010), Fetzer #2266.
- Worthington, E. L., Jr. (PI). *National study of the effectiveness of Christian marriage counseling*. American Association for Christian Counselors Foundation, \$39,000 DC and TC, (Sep 1, 2006-Aug 31, 2009).
- Worthington, E. L., Jr. (PI). *Multi-method measurement of forgiveness and marriage enrichment*. Fetzer Institute, \$10,500, (June 2006-September 2007) Fetzer #2254.01.
- Worthington, E.L., Jr. (PI), & Jane Talley (Co-0I). *Prevention of youth violence in abused and neglected children through interventions with parents*. Subaward from the Center for the Study and Prevention of Youth Violence, \$7650 (July 1, 2003-Sept. 30, 2005) Award No. 2003-011 (from Center for Disease Control and Prevention #15460001758A1).
- Berry, J.W., (PI), Worthington, E.L., Jr. (Co-I). (January 2002- Dec 2003). Warmth based versus conscientiousness-based virtues, altruistic personality trait, and expressions of altruistic and compassionate love. The Fetzer Institute, grant #1653.3, \$86,324.
- Worthington, E. L., Jr. (PI) (Aug 1, 1997-Aug 1, 2001). Forgiveness, humility, and gratitude in recently married couples: An intervention study of some important laws of life. The John Templeton Foundation, grant # 239, \$295,068.(years 1 and 2). Extension,\$10,900.(pilot study). Extension, \$105,457 (year 3). Extension, \$53,546 (year 4). Total award = \$464,972.

Supplemental grant from NIH General Clinical Research Center Grants 5M01 RR000065-410535 (approx. \$10,000 in assays for validity pilot study; approx. \$10,000 in assays for the pilot study; approx. \$80,000 in assays for main study).

Worthington, E.L., Jr. (1999-2003). Training new parents in forgiving and communicating. VCU Faculty Grant-in-aid, \$4977.

Worthington, E.L., Jr. (1997). Visiting research scholar, travel award. South Africa, Human Sciences Research Council, Centre for Science Development, \$2000.

Worthington, E. L., Jr. (1996). Policies within the states that promote fatherhood. Virginia Department of Health, \$5300.

Worthington, E. L., Jr. (1995). Resiliency in adolescents and health. Virginia Department of Health, \$3425.

Worthington, E. L., Jr. (1995). Fatherhood and health. Virginia Department of Health, \$5156.

Worthington, E. L., Jr. (1993). Large lectures with and without computer simulation laboratories. Office of Assessment, VCU, \$1500.

Worthington, E. L., Jr. (1993). Establishing a Faculty Peer Evaluation System within the Department of Psychology. Faculty Rewards Innovative Projects, \$4000.

Worthington, E. L., Jr. (1984). Compliance with psychotherapeutic homework directives. \$4865; (VCU Grant-in-Aid #84-004 June 1, 1984 - May 31, 1985)

Worthington, E. L., Jr. (1979). The Lamaze childbirth method: A component analysis using cold pressure pain. \$2935; (VCU Grant-in-Aid #79-02 June 1979 - May 1980)

9.3 Grants to A Campaign for Forgiveness Research, Everett L. Worthington, Jr., PI

As Executive Director (and Treasurer) of the *Campaign*, I have been involved with raising \$10.6 M to fund research projects on forgiveness. Beginning with a seed grant of \$3M from the John Templeton Foundation, a gift of \$1,000,000 from an anonymous donor, and about \$400,000 from the Fetzer Institute, which together funded 16 original grants in 1998, the *Campaign* has raised an additional \$1.957M to fund research grants. I have obtained other support to operate the *Campaign*, a 501c(3) corporation, administers the grants, for \$271,107 (see below), for the purpose of administering research grants and disseminating research results concerning forgiveness.

Grants and Gifts Awarded to Worthington, PI, for A Campaign for Forgiveness Research for Operating the Campaign and Dissemination of Research Results on Forgiveness Total Grant Support Raised = \$306,107

Everett L. Worthington, Jr. (PI, Executive Director). Grant ID # 11015, Forgiveness Conference. Awarded by the John Templeton Foundation, TC= \$10,000, November 15, 2003 to February 14, 2004.

Everett L. Worthington, Jr. (PI, Executive Director). Forgiveness Conference and Dissemination of Results. Awarded by the Fetzer Institute, TC = \$25,000, November 1, 2003.

Everett L. Worthington, Jr. (PI, Executive Director). Grant ID# 10130. Media and Public Relations. Awarded by the John Templeton Foundation, TC = \$33,968, December 3, 2001-December 31, 2002.

Everett L. Worthington, Jr. (PI, Executive Director). Administering and disseminating results for 8 research grants on forgiveness. Awarded by the Atlantic Philanthropies Foundation, TC = \$71,250 (awarded July 18, 2001). November 28, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Grant ID# 862. Operation costs for A Campaign for Forgiveness Research. Awarded by the John Templeton Foundation, TC = \$165,889, (\$65,389 awarded August 24, 1998; supplement \$100,500 awarded July 1, 2000), August 24, 1998-December 31, 2002.

Grants to A Campaign for Forgiveness Research Grant #11015 from the John Templeton Foundation to A Campaign for Forgiveness Research, Everett L. Worthington (PI), \$10,000, November 22, 2003.

Grant # from the Fetzer Institute to *A Campaign for Forgiveness Research*, Everett L. Worthington, Jr. (PI), \$25,000, November 2, 2003.

Grants and Gifts Awarded to Worthington, PI, for A Campaign for Forgiveness Research for Funding Research by Other Investigators Total Support Raised = \$1,957,000

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Galbraith Foundation, TC = \$150,000, June 20, 2001-December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the John Woods Foundation, TC = \$40,000, December 15, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Funding 8 research grants on forgiveness. Awarded by the Atlantic Philanthropies Foundation, TC = \$1,425,000 November 28, 2000-December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Moore Foundation, TC = \$5,000, September 5, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Impact America Foundation, TC = \$7,000, September 5, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness in families/Dr. Ivan Miller. Awarded by the William E Simon Foundation, TC = \$175,000 February 24,2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Lawrence Rockefeller Foundation, TC = \$100,000, February 15, 2000- December 31,

2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Mr. & Mrs. Sanford N. McDonnell Foundation, TC = \$5,000, June 19, 1999- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research on restorative justice: Chester Challenge/Dr. Peter Hill. Awarded by the Friese Foundation, TC = \$50,000, March 31, 1999-December 31, 2005.

9.4 Grant Consultancies

Deborah Lycett (PI; Coventry University) A Classification System for Religious Interventions (2019-2022)

Jennifer Ripley (PI; Regent University) Christian Marriage Therapy (2018-2020)

Scott Richards (PI; Brigham Young University) Practice-Based Research (2018-2020)

Pamela Hogan (PI: Episcopal Preaching Foundation) Teaching and Preaching Forgiveness (2016-2017)

James Sells and Jennifer Ripley (PI and Co-I: Regent University) Marriage in China (2016-2018) Don Davis (PI; Georgia State University) Humility and Bullying (2012-2013)

10. BIBLIOGRAPHY

10.1 Books: Total Published or In Press (as of 2022) = 44 (28 published authored; 15 published edited; 0 in press authored; 1 reissued under a new title); plus 2 books-on-tape; many foreign translations, only 17 of which are listed; 3 under contract

Seeking Publication

Worthington, E. L., Jr. (2021). Living out your Christian life: Becoming a more "Christian" Christian. Under consideration.

Worthington, E. L., Jr. (2021). The rewards of virtue: What science and spirituality tell us about the connection between being good and feeling good. Possible submission to Tyndale (Jan Long Harris, senior acquisition editor; Esmond Harmsworth, agent)

Under Contract

McConnell, J., & Worthington, E. L., Jr. (due Dec 2021). *Promoting self-forgiveness in mental health practice: A principle-driven, patient-responsive, science-supported clinical approach.* Oxford University Press.

Worthington, E. L., Jr., & Ripley, J. S. (Due Dec 2022). *Hope for couples: Integrate the Hope-Focused Approach and more positive psychology into your work with couples*. Routledge.

Worthington, E. L., Jr. (Due Dec 2023). Forgiveness and reconciliation: Theory and application, revised ed. Routledge.

In Press

Published (By Year)

- Davis, E. B., Worthington, E. L., Jr., & Schnitker, S. A. (Eds.). (2022). *Handbook of positive psychology, religion, and spirituality*. Springer. [Open Access] https://link.springer.com/book/10.1007/978-3-031-10274-5.
- Li, H., Worthington, E. L., Jr., & Wade, N. G. (Eds.). (2021). Understanding the processes associated with forgiveness. *Frontiers in Psychology (eBook)*.

Worthington, R. K. (with Worthington, E. L., Jr.). (2020). *Getting your sweet potato off of the couch: How to help your children develop physically in only 12 extra minutes a day (A 12-Minute Book)*. Henrico, VA: Amazon.com.

Worthington, E. L., Jr., & Wade, N. G. (Eds.). (2020). *Handbook of forgiveness*, 2nd ed. New York, NY: Routledge.

Worthington, E. L., Jr., & Allison, S. T. (2018). *Heroic humility: What the science of humility can say to people raised on self-focus*. Washington, DC: American Psychological Association.

Wortham, J., & Worthington, E. L., Jr. (2018). A letter to the Pope: My journey of forgiveness, faith & love (with Paths to REACH Forgiveness Guide). Los Angeles, CA: New Insights Press.

Woodyatt, L., Worthington, E. L., Jr., Wenzel, M., & Griffin, B. J. (Eds.). (2017). *Handbook of the psychology of self-forgiveness*. Cham, Switzerland: Springer Nature.

Worthington, E. L., Jr., Davis, D. E., & Hook, J. N. (Eds.). (2017). *Handbook of humility: Theory, research, and application*. New York, NY: Routledge.

Worthington, E. L., Jr., & Sandage, S. J. (2016). Forgiveness and spirituality in psychotherapy: A relational approach. Washington, DC: American Psychological Association.

Toussaint, L. L., Worthington, E. L., Jr., & Williams, D. R. (Eds.). (2015). Forgiveness and health: Scientific evidence and theories relating forgiveness to better health. Dordrecht, The Netherlands: Springer Science + Business.

Ripley, J. S., & Worthington, E. L., Jr. (2014). *Couple therapy: A new Hope-Focused Approach*. Downers Grove, IL: InterVarsity Press. (a CAPS Book)

Worthington, E. L., Jr. (2013). *Moving forward: Six steps to forgiving yourself and breaking free from the past*. Colorado Springs: WaterBrook/Multnomah. (www.forgiveself.com)

Worthington, E. L., Jr., Johnson, E. L., Hook, J. N., & Aten, J. D. (Eds.). (2013). *Evidence-based practices for Christian counseling and psychotherapy*. Downers Grove, IL: InterVarsity Press (a CAPS Book).

Aten, J. D, O'Grady, K., & Worthington, E. L., Jr. (Eds.). (2012). *Psychology of religion and spirituality for clinicians: From research to practice*. New York: Routledge.

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<u>2018</u> (80)

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In MarriageWorks (2003; Australian magazine, edited by Grace and James Vine)

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1994

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1987

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Buston, B. G., & Worthington, E. L., Jr. (1985). A component analysis of marriage enrichment. *ERIC, Clearinghouse on Counseling and Personnel Services, Resources in Education*, September, 1985, ED255846.

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Worthington, E. L., Jr. (1984). A new universal theory of psychotherapy: Theory, practice, and research--a very preliminary report. *Journal of Polymorphous Perversity*, 1 (2), 11.

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10.6 Published Videotapes or Videotape Series and Audiotapes or Audiotape Series: 31 by end of 2017

2020

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Worthington, E. L., Jr. (2019). *The secrets to making it work: The art and science of hope-filled relationships*. Bethesda, MD: Learn25. (15 lectures) (With Worthington, E. L., Jr. (2019). *Study guide*. Bethesda, MD: Learn25.)

2018

Worthington, E. L., Jr. (2018). *The science of forgiveness and reconciliation*. Bethesda, MD: Now You Know Media, Inc. (15 lectures) (With Worthington, E. L., Jr. (2018). *Study guide*. Bethesda, MD: Now You Know Media, Inc.)

2017 (31)

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2013

Worthington, E. L., Jr. (2013). *Research design and statistics*. [15 Videotape; online course for Light University; COUN 546]

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Worthington, E. L., Jr. (2013). Evidence-based practice in Christian psychotherapy and couple therapy. [Videotape; Light University]

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2012

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2011

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2000

Worthington, E.L., Jr. (2000). Forgiveness and grief (MICO 306). Spartanburg, SC: AACC.

Worthington, E.L., Jr. (2000) *Interventions in hope-focused marriage counseling (MICO 206)*. Spartanburg, SC: AACC.

1999

Worthington, E.L., Jr. (1999). Forgiveness (BICO 205). Spartanburg, SC: American Association of Christian Counselors.

Worthington, E.L., Jr. (1999). *Hope-focused marriage counseling (BICO 304)*. Spartanburg, SC: American Association of Christian Counselors.

1998

Worthington, E.L., Jr. (1998). *Clinical demonstration: Forgiveness in clinical practice: An empathy/humility model*. Lynchburg, VA: American Association of Christian Counselors.

Worthington, E.L., Jr. (1998). Forgiveness in therapy. Lynchburg, VA: American Association of Christian Counselors.

1996

Worthington, E. L., Jr. (1996). *Brief strategic solution-focused marital therapy*. New Braunfels, TX: Christian Association for Psychological Studies. (60-minute demonstration of therapy; third in CAPS Master's Counselors series)

1991

Worthington, E.L., Jr. (1991). *Marriage counseling with Christians*. Lynchburg, VA: American Association of Christian counselors. (60 minute audiotaped interview).

Worthington, E.L., Jr. (1991). *Theories and Techniques of Counseling I: PSYCH 612*. Lynchburg, VA: Liberty University School of Lifelong Learning (25 1-hour videotapes, series).

Worthington, E.L., Jr. (1991). *Workbook for Theories and Techniques of Counseling I: PSYCH* 612. Lynchburg, VA: Liberty University School of Lifelong Learning.

Worthington, E.L., Jr. (1991). *A blueprint for integrating your faith and counseling*. Waukesha, WI: Telling the Truth (60-minute audiotape).

Worthington, E.L., Jr. (1991). *Spiritual health in a therapeutic community*. Waukesha, WI: Telling the Truth (60-minute audiotape).

1990

Worthington, E. L., Jr. (1990). *Marriage counseling with a Christian couple*. Videotape (2 hours) of excerpts from four sessions. Richmond: Virginia Commonwealth University.

Worthington, E. L, Jr. (1990). *Dealing with marital stress, infidelity, and divorce*. Lynchburg, VA: Liberty University (12-audiotape series within the Liberty Institute for Lay Counseling and Discipleship)

Worthington, E. L., Jr. (1990). Workbook for "Dealing with marital stress, infidelity, and divorce." Lynchburg, VA: Liberty University.

1989

Worthington, E. L., Jr. (1989). Unwanted pregnancy (30-minute audiotape). In G. R. Collins (Ed.) *Christian counselors' library*. Waco, TX: Word.

10.7 Book Forewords (3)

2018

Worthington, E. L., Jr. (2018). Foreword for *120 Applied Techniques for Improving Rocky Relations* (by Zabihollah Kaveh and Mohsen Amiri). Published in Iran.

2013 (3)

Worthington, E. L., Jr. (2013). Foreword to the Chinese translation. *The power of forgiving* [trans.] Taiwan: Taosheng Publishing House.

1998

Worthington, E. L., Jr. (1998). Foreword. In Donald D. Denton, Jr. (1998). *Religious diagnosis in secular society* (pp.vii-ix). Lanham, MD: University Press of America.

Worthington, E. L., Jr. (1998). Foreword. In Gary J. Oliver, M. Hasz, & M. Richburg. (1998). *Promoting change through brief therapy in Christian counseling* (pp. Xi-xii). Wheaton, IL: Tyndale.

10.8 Published Interviews in Professional Journals (3)

Nuran Kormatz (2014). Interview with Everett Worthington on religious/spiritual research and forgiveness.

Benda, B.B. (2002). Interview with Everett Worthington Professor of Psychology, Virginia Commonwealth University. *Marriage and Family: A Christian Journal*, *5*, 93-98.

Yarhouse, M.R. (2002). Interview with Everett Worthington. Family Therapy,

10.8 Courses Taught

Virginia Commonwealth University

Graduate

Topics: Research in Counseling Psychology Principles of Psychological Measurement Forgiveness: Theory, Research, and Practice

Research Practicum Brief Therapy

Theories of Counseling and Psychotherapy

Marriage Counseling: Theory, Practice, and Research

Marriage and Family Therapy

Counseling Practicum
Counseling Pre Practicum

Undergraduate

Forgiveness: Spotlight on Research

Introductory Psychology Positive Psychology

Personal Adjustment (formerly called Effective Behavior and Contemporary Psychology;

before that Mental Hygiene)

Personality (Theories and Research)

Psychology of Religion (Honors)

Psychology of Adolescence

Now You Know Media

Adult Continuing Education (commercial)

The Science of Forgiveness (15 30-minute lectures; audio and video; August 2018)

The Science of Relationships (15 30-minute lectures; audio and video; May 2019)

University of Missouri-Columbia

Undergraduate

Personal Adjustment

Personality

Introductory Psychology (Team Taught)

Portions of:

Individual Tests and Measures

Experimental Psychology

Rosemead School of Psychology (Biola University)

Graduate

Forgiveness: Theory, Research, and Practice (2 times) (45 hours)

Wheaton College

Graduate

Integration of Religion and Psychology (45 hours)

Denver Seminary

Graduate

Marital and Premarital Counseling

Marriage Enrichment (5 times)

Liberty University

Graduate

Counseling Theories

Correspondence (Video or Audio Lectures)

Lay Marriage Counseling (audio series, 12 tapes)

Counseling Theories (video series, 25 sessions on 5 tapes)

Alliance Theological Seminary, Alliance Graduate School

Graduate

Forgiveness: Research, Theory, and Practice (2 times)

Grace University (Omaha, NE)

Graduate

Forgiveness: Research, Theory, and Practice

Indiana Wesleyan University (Marion, OH)

Forgiveness: Forgiving Others and Self

Light University (Lynchburg, VA)

Research Design and Statistics (online 15-lecture course)

Guest lectures in two other courses

Regent University (Virginia Beach, VA)

Forgiveness (16 hours)

REALIS Christian Center and National Pedagogical Dragomanov University (Kiev,

Ukraine) [Master's program in Counseling and Chaplaincy in Crisis Situations] Forgiveness (40 hours)

11. WORKSHOPS ATTENDED AND OTHER PROFESSIONAL DEVELOPMENT

Actively involved in keeping abreast of changes in the field by attending workshops, talks, conventions accumulating well over 30 CEs each year, and by having taken 2 graduate classes since 1978.